



LEONI MEADOWS CAMP

Leoni Meadows Medical/Dental Retreat 2019

AUGUST 5-11, 2019

Healthcare Professionals...

We invite you to join us for the thirteenth annual Leoni Meadows Medical/Dental Retreat. We offer this program in conjunction with Loma Linda University Schools of Medicine and Dentistry, providing continuing education courses on a variety of topics. In addition, you and your family can enjoy all the fun camp activities together.

2019 SPECIAL EVENTS

Monday	Welcome Reception Ice Cream Social
Tuesday	Ultimate Team Challenge Opening Ceremonies
Wednesday	Obstacle Course Leoni Meadows Rodeo
Thursday	"Game On" - A Board Game Themed Banquet
Friday	5K Fun Walk/Run
Saturday	Sabbath Worship Services Evening Program with Jay and Katherine Wolf

2019 Medical/Dental Speakers

Tuesday – Medical Speakers



ROGER D. SEHEULT, MD

Dr. Seheult graduated from Loma Linda University School of Medicine in 2000. He completed residency and fellowship training in Internal Medicine, Pulmonary Diseases, and Critical Care Medicine in 2007. He has faculty appointments at LLU School of Medicine, LLU School of Allied Health – Physician Assistant Program, and University of California, Riverside School of Medicine. He is boarded in Internal Medicine, Pulmonary Diseases, Critical Care Medicine, and Sleep Medicine. Previously, he served as the Medical Director for intensive care services at the San Geronio Memorial Hospital in Banning, California, and a sleep laboratory in the Inland Empire. He currently practices at Beaver Medical Group, and is the co-founder of MedCram.com, an online medical education company.

"Sleep and the American Culture: What to Do?" | 9:00 am – 10:30 am

We as Americans are not sleeping well. This course will delve into the external pressures innate in our culture and identify steps to consciously mend and allow sleep to happen.



APRIL WILSON, MD, MPH

Dr. Wilson graduated from Loma Linda University School of Medicine in 2006. She completed a family medicine internship and then a residency in preventive medicine, with a clinical focus on lifestyle medicine. Her initial work was with medical student education in motivational interviewing, whole person care, clinical primary care, and lifestyle medicine. In 2016, she became the program director of the LLUH Preventive Medicine Residency Program. With her team, she initiated a novel inpatient Lifestyle Medicine service line and a Lifestyle Medicine Fellowship program. In 2018, she was appointed Chair of the Preventive Medicine Department at LLUH. She enjoys public speaking in the Loma Linda area, as well as nationally and internationally regarding the innovations around Lifestyle Medicine at LLUH.

"Motivational Interviewing – The Art of Helping Your Patient Decide They Want to Make the Healthy Choice" | 10:45 am – 12:15 pm

Motivational interviewing is a powerful technique to help your patients move away from the status quo and tap into their own desires for healthy change. We will discuss the stages of change, practice stage-matched messaging, and utilize language that reduces resistance and creates forward momentum.

Tuesday – Dental Speaker



HEIDI B. KOHLTFARBER, DDS, MS, PhD

Dr. Kohltfarber is the owner and managing oral and maxillofacial radiologist for Dental Radiology Diagnostics and a Dentsply Sirona 3D trainer. In addition, she is an adjunct professor in the Department of Diagnostic Sciences at the University of North Carolina at Chapel Hill. She received her DDS degree from Loma Linda University in 2003 and in 2012 she received her master's degree in Oral and Maxillofacial Radiology from UNC-Chapel Hill. Her master's research compared 2D versus 3D radiography in the treatment planning of root canal treated teeth with apical radiolucencies. In 2017, Dr. Kohltfarber received her PhD in Diagnostic Imaging with an emphasis in craniofacial radiology at King's College London focusing on the Validation and Diagnostic Efficacy of 3D Surface Models in Dentistry: Temporomandibular Joints.

"Cone Beam CT: The Role of 3D Imaging in Dentistry" | 9:00 am – 12:15 pm

Cone beam computed tomography (CBCT) has revolutionized the dental field by allowing clinicians to visualize the patient in 3D. This technology has increased productivity and efficiency. In addition, it gives the clinician the opportunity to view more anatomy and pathology than was previously observed with conventional dental radiographs. This course is designed to help the dental practitioner better understand 3D imaging as well as what to consider when purchasing a CBCT for their office. The course is also designed to correlate the appearance of anatomy in 2D and 3D images and help the clinician to understand how to approach and go through a CBCT volume.



Wednesday – Medical Speakers

ROGER D. SEHEULT, MD

“Point of Care Ultrasound - The Future Is Here” | 9:00 am – 10:30 am

Are the stethoscope's days numbered? Pocket ultrasound is now here. This course will demonstrate and discuss its practical uses.

APRIL WILSON, MD, MPH

“Nutrition Truths, Myths, and Misinformation” | 10:45 am – 12:15 pm

Media and industry promote confusion about nutrition so that they will always have something new and interesting to sell. Given the level of misinformation that abounds, patients and health care providers often don't know what to believe. We will discuss the evidence relevant to some of the common nutrition truths, trends and myths so that you are better equipped to address patient questions about optimal dietary patterns and compliance.

Wednesday – Dental Speaker

HEIDI B. KOHLTFARBER, DDS, MS, PhD

“Cone Beam CT: Pathological Interpretation and Incidental Findings” | 9:00 am – 12:15 pm

This course is designed to help the clinician recognize the signs of radiographic pathologies using a case-based and interactive approach. There will be particular emphasis on benign versus malignant lesions as well as a review of categories of disease. Common incidental findings observed with CBCT will be discussed and how to manage them.

ACCREDITATION

Physicians:

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Loma Linda University School of Medicine and Leoni Meadows Camp and Christian Retreat Center. The Loma Linda University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The Loma Linda University School of Medicine designates this Live Activity for a maximum of **12.0** AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

This program has been planned and implemented in accordance with ACCME essentials and standards. The Loma Linda University School of Medicine Office of Continuing Medical Education relies on its CME faculty to provide program content that is free of commercial bias. Therefore, in accordance with ACCME standards, any faculty and/or provider industry relationships will be disclosed and resolved.

Statement of Purpose

This program was designed to provide current, concise information on a variety of topics to healthcare professionals in all specialties. In choosing these topics a number of factors were taken into consideration, including previous conference evaluation summaries, development of new technology, retreat committee recommendations, news media, new methods of diagnosis and treatment, and epidemiological data. The result is a comprehensive program designed to be both a review and an introduction of new modalities and management.

Nurses:

The California Board of Registered Nursing has issued guidelines stating that CME accredited courses in category 1 for physicians are acceptable toward meeting CE requirements for licensure renewal by nurses.

Dentists, Dental Hygienists, and Registered Dental Assistants:

The California State Board of Dental Examiners and the Academy of General Dentistry approve all dental courses through Loma Linda University School of Dentistry for continuing education credit on an hour-for-hour basis. This course meets the Dental Board of California's requirements for 12 units of continuing education.



Phone: (530) 626-3670
Email: information@leonimeadows.org
Web: www.leonimeadows.org

Leoni Meadows Camp is a Christian retreat center and summer camp owned and operated by the Northern California Conference of Seventh-day Adventists. The proceeds from this event will benefit Leoni Meadows Camp.



Thursday – Medical/Dental Speaker



MICKEY ASK, MD

Dr. Ask graduated from Loma Linda University School of Medicine in the class of 1979-A. He completed an Internal Medicine residency also at LLU in 1982. He became the medical director of the Clearview Alcohol and Drug Program at the LLU Community Hospital in 1983 and at the same time was working in outpatient Internal Medicine with the LLU group. In 1988 he became the medical director of the Addiction Treatment Program at the Loma Linda Veterans Hospital, initially a 30-bed inpatient program and ultimately an outpatient program where he treated patients with the gamut of substance use issues. He is a Fellow of the American Society of Addiction Medicine and has been involved in all facets of addiction medicine, including the education of medical students studying substance use issues. He retired from the Veterans Hospital in 2016 but continues to chair the LLUMC Physicians Well-Being Committee and work with the recently accredited Addiction Medicine Fellowship program at LLU.

"All You Wanted to Know About Substance Use But Didn't Know to Ask" | 9:00 am – 10:30 am
This course will help align our thinking and attitudes to a realistic approach to working with substance users. It will provide the learners with the proper language and definitions to neither under nor over diagnose this condition. Additionally, it will introduce the concepts of stages of change all individuals go through as they progress through any behavior change.

"The Effects of Substance Use on the Family" | 10:45 am – 12:15 pm
During this course we will learn how substance use affects not only the user but also the family. We will look at genetic data and explore more effective means of helping family members.

Friday – Medical Speakers



ERIC K. FRYKMAN, MD, MPH, MBA

After completing medical training at Loma Linda University, Dr. Frykman pursued a residency in Public Health/Preventive Medicine at LLU Medical Center. He earned his Master of Business Administration with an emphasis in strategy from the Drucker School of Management. He has served or studied in multiple countries including Bangladesh, Haiti, Mexico, Russia, and East Africa. Prior to his current employment with Riverside Medical Clinic in the Urgent Care, Dr. Frykman was the Health Officer of Riverside County.

"No More Smallpox! Can We Eliminate Polio?" | 9:00 am – 10:00 am
Can polio be stopped? This course will explore the successes and challenges of stopping a dreaded killer. We will discuss the current status of polio eradication and talk about challenges for the future.



THOMAS S. SHERWIN, MD

Dr. Sherwin graduated from Loma Linda University School of Medicine and received Medicine/Pediatric training at Michigan State University. Dr. Sherwin completed his Pediatric Residency and Pediatric Emergency Fellowship at LLU. He has worked at pediatric trauma centers in Nevada and California. He is an Associate Professor of Pediatrics and Emergency Medicine at LLU where he has worked for 26 years.

"Wound Care for the Primary Care Physician" | 10:15 am – 12:15 pm
This course will provide participants an opportunity to become more aware of commonly encountered wounds and how to treat them. Special emphasis will be placed on wound closure techniques during a hands-on workshop.

Medical / Dental Retreat 2019


LEONI MEADOWS
CAMP



Friday – Dental Speakers



HEIDI L. CHRISTENSEN, DDS, MS

Dr. Christensen is Professor and Academic Director of the Division of General Dentistry at Loma Linda University School of Dentistry. She received her DDS degree from LLUSD in 1983. After spending six years in general dentistry, she began clinical teaching at LLUSD in 1992. From 1994 to 1997 she attended the University of Texas Health Science Center in San Antonio where she received her certificate and master's degree in Dental Diagnostic Sciences. She served as Chair of the Department of Oral Diagnosis, Radiology and Pathology from 2010 to 2015 when the department was merged with the Department of Restorative Dentistry to become the new Division of General Dentistry. During her time at LLUSD, Dr. Christensen has taught radiology, patient assessment and diagnosis, and treatment planning courses to both dental and dental hygiene students. Dr. Christensen currently teaches The Medically Compromised Patient and Practice Management courses to dental students. She also serves on a taskforce that uses current, evidence-based research to update and establish guidelines and protocols for treating the medically compromised patient in the dental setting.



SHELLEY HAYTON, MAT, RDH

Shelley Hayton graduated from Loma Linda University with a bachelor's degree in dental hygiene in 1982. She practiced dental hygiene in general dentistry for 20 years. In 2009 she joined LLU School of Dentistry's faculty in the dental hygiene department as an assistant professor and completed a Master of Arts in Teaching from La Sierra University in 2010. She currently teaches The Medically Compromised Patient and The Special Needs Patient courses for dental hygiene students. She is a member of the LLUSD Interprofessional Education team that establishes learning opportunities for the students in interdisciplinary settings. Shelley works with the dental faculty to obtain current, evidence-based research to update and establish guidelines and protocol for treating medically compromised patients in the dental setting.

"Updates for Keeping Your Patient Safe" | 9:00 am – 12:15 pm

This course will provide an overview of the most recent guidelines and protocol that LLUSD follows when treating the medically compromised patient. Topics will include the most recent updates for antibiotic prophylaxis (including for total joint replacement) and hypertension. Guidelines for treating pregnant patients, patients with diabetes, and patients who are at increased risk for bleeding due to medical conditions, anticoagulant and antiplatelet medications will be presented. The discussion will also include recommendations as to when it is necessary to obtain a medical consult prior to proceeding with dental treatment.



Registration Form

Mail to: Leoni Meadows Camp
P.O. Box 400, Grizzly Flats, CA 95636
Fax to: (530) 626-8524

Please list names of those who will be attending classes.

Registrant #1 _____ Degree _____ License # _____

Registrant #2 (if applicable) _____ Degree _____ License # _____

Address _____

City, State, Zip _____

Phone # _____ Email _____

CE Fees per Registrant – 3 hours of CE daily (please circle days)

Registrant #1 T W T F x \$105 per day -or- All Four Days \$360 Subtotal CE Fees _____

Registrant #2 T W T F x \$105 per day -or- All Four Days \$360 _____

Fees for the continuing education courses are per person, per day. The continuing education hours you obtain will depend on the classes you attend.

Applications and lodging requests will be processed in the order received. Fees must be paid in full to complete registration and secure lodging. For lodge room requests of fewer than three nights, you can reserve your room right away by choosing the arrival date of Monday, August 5, or departure date of Sunday, August 11. In an effort to accommodate as many guests as possible, reservations for fewer than three nights midweek will be on a waiting list until July 12, 2019.

Lodging Fees

Subtotal

	Cost/Unit	# of Units	# of Nights (please circle)	
Lodge Room				
Single/Double	\$ 95 x _____	x _____	M T W T F S	_____
Family (up to four)	\$105 x _____	x _____	M T W T F S	_____
Cabin (10 people max.)				
	\$ 80 x _____	x _____	M T W T F S	_____
R.V. Space	\$ 35 x _____	x _____	M T W T F S	_____

Meals/Fees

Subtotal Meal Fees

Full Week Meal Deal - All meals for the week

\$155 per Adult _____ # of Adults x \$155 _____

\$100 per Child - ages 4 - 10 yrs _____ # of Children x \$100 _____

Children under 4 years - No Charge _____ # of Children under 4 years - No Charge _____

-OR-

Individual Meal Prices

Cost/Meal	Please indicate # of meals per day						Subtotal
	M	T	W	T	F	S	
Adult/Breakfast - \$10.50	_____	_____	_____	_____	_____	_____	_____
Child (4-10 yrs.) - \$7.50	_____	_____	_____	_____	_____	_____	_____
Children under 4 years - No Charge	_____	_____	_____	_____	_____	_____	_____
Adult/Lunch-\$10.50	_____	_____	_____	_____	_____	_____	_____
Child (4-10 yrs.) - \$7.50	_____	_____	_____	_____	_____	_____	_____
Children under 4 years - No Charge	_____	_____	_____	_____	_____	_____	_____
Adult/Supper-\$10.50	_____	_____	_____	_____	_____	_____	_____
Child (4-10 yrs.) - \$7.50	_____	_____	_____	_____	_____	_____	_____
Children under 4 years - No Charge	_____	_____	_____	_____	_____	_____	_____

Camp Activity/Program Fee

The activity/program fee is \$45 per family per day. This fee is waived if one or more immediate family members are registered for a combined total of at least **two days of continuing education courses**.

_____ # of nights lodging x \$45 (No charge for CE participants and their families) = _____

Total of all fees (Lodging, Meals, CE and Activity/Program Fee) = _____

Method of Payment

_____ Check made payable to Leoni Meadows Camp -or- _____ Visa/MasterCard/Discover CVV Code _____

Name on card _____ Card # _____

Exp. Date _____ Cardholder Signature _____

Cancellations received by July 19, 2019 will receive a full refund less \$50 per registrant processing fee. Cancellations received after this date are nonrefundable.

We sometimes photograph or record video and/or audio of camp visitors for promotional purposes. Your presence at Leoni Meadows Camp grants permission for our use of these images and recordings.

for Inspiration



DEWALD "DEVO" KRITZINGER, MA

*Morning Devotionals
and Sabbath
Worship Service*

Pastor Devo is in his 18th year on the pastoral team at La Sierra University Church. His current role is that of Pastor for Worship & Media. He was born and raised in South Africa where he graduated from Helderberg College with a Bachelor's Degree in Theology. In 2000 Devo entered the full-time ministry in Johannesburg, SA, where he served as an Associate Pastor in three churches. His decision to pursue graduate studies led him to the United States to complete his Master's Degree in Religion at La Sierra University. Devo loves all kinds of sports activities, listening to good music, and enjoying the company of great friends. However, his favorite pastime is spending time with his wife, Leilani and children Lia, Amelie, Levi and Kiri.



DOUG MACE, MA

*Family Evening Worship,
Ultimate Team Challenge
Coordinator and
"Name That Tune" Emcee*

Pastor Doug served as a youth pastor for 18 years. He received his MA in Religious Studies at La Sierra University and was ordained in 2003. After recruiting for LLU he has returned to youth ministry at Loma Linda University Church as Associate Pastor for Middle School Ministries, which includes Jr. High. He keeps busy performing with his alter ego, Milford Stratton, and speaking for youth groups and chapels. He loves redirecting children and youth heavenward. He enjoys camping with his wife Susie (Herber) and three children Madeline, Annelise and Harrison.



ROGER D. SEHEULT, MD

*Bible Study
Sabbath Morning*

We are pleased to welcome Dr. Seheult back as a featured Medical Speaker again this year, and as a group Bible Study leader on Sabbath.

- Go east through Somerset on Grizzly Flats Road and stay on this road for 12.2 miles. (The road name changes to String Canyon Road at mile 8.6--stay to the left.)

- At the stop sign turn right onto Sciaroni Road. There is a post office across the street.

- Go 0.3 mile to a dead end and turn left. (A green county road sign points to Leoni Meadows.) The road narrows to one lane for .25 mile. At the bottom of the hill keep left.

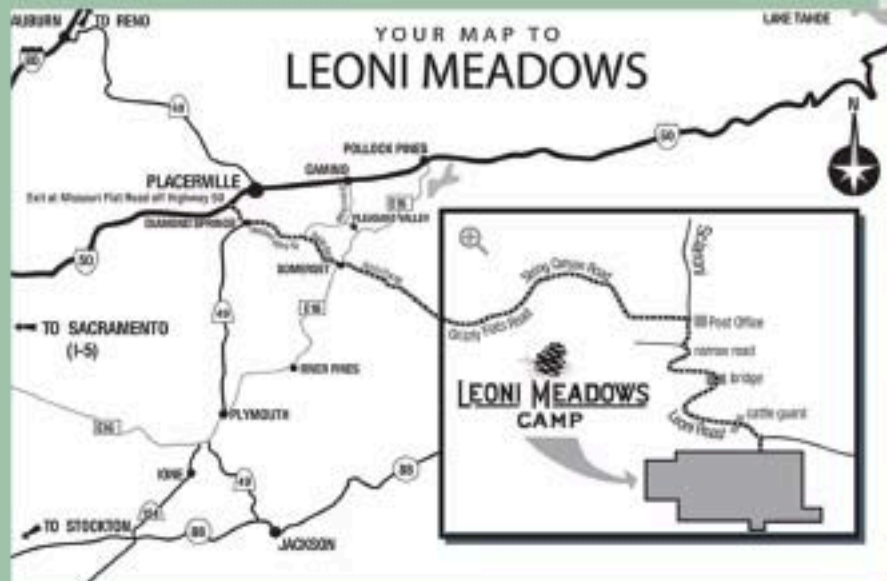
- This is Leoni Road. Continue for 3 miles to the Leoni Meadows turnoff at the large, wood Leoni Meadows sign.

- Turn right and go 1 mile, continuing past staff houses.

- The Leoni Lodge (with the office for registration) is the first large building on the left after the houses.

Directions to Leoni Meadows from Somerset:

YOUR MAP TO LEONI MEADOWS



For additional driving instructions go to www.leanimeadows.org.

JAY AND KATHERINE WOLF



SATURDAY NIGHT
August 10



Child care will be provided.

For more information:
(530) 626-3610
information@leonimeadows.org
www.leonimeadows.org

Jay and Katherine Wolf are survivors and storytellers, advocates and evangelists. In 2008, at the age of 26, Katherine nearly died from a catastrophic brainstem stroke. Her survival and recovery, not to mention that of her marriage and family, have been nothing short of miraculous.

Jay and Katherine are in full-time ministry together through HOPE HEALS, leveraging their story to encourage those with broken bodies, broken brains, and broken hearts. Engaging both faith-based and secular communities, they seek to bridge the gap between those disabled on the outside and those disabled on the inside with the hope that Jesus brings healing to the deepest pains we all carry.

They co-authored their first book, *HOPE HEALS*, published by Zondervan in April 2016. They currently reside in Atlanta with their two sons, James and John.



Family Fun

You and your family will be able to experience all the fun activities Leoni Meadows has to offer including...

Giant Zip Lines	Woodworking	Challenge Course
Mountain Biking	Nature Center	Horseback Riding
Go-karts	Archery	Quick Drop
Swimming	Crafts	Colossal Water Slide
Watercolor Classes	<i>New this year - Goliath Swing</i>	

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P.O. Box 400
Grizzly Flats, CA 95636